

## Instructions to create a Continuum account with your own personal State ID

This ID is required to access your Continuum profile, where your Athletic Trainer information is stored, including your initial and expiration dates.

Creating a State ID number.

1. Go to <https://www.emspic.org>
2. Under Continuum icon, click “Log In” (<https://continuum.emspic.org/login>)
3. In the top right corner click “Create Account”
4. Complete all required fields and follow the prompts to create your Continuum profile
5. After confirming your email address, **you will have to click the “Create State ID” tab on your profile page**

If you have any questions, please contact:

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